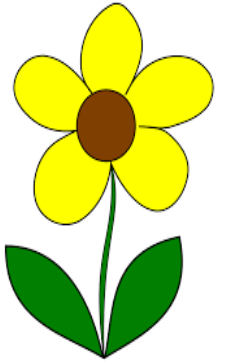
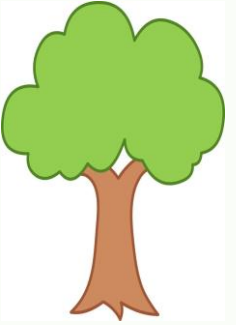




# APRIL "EARTH DAY" ACTIVITY CARD



Pick up trash at a local park, beach, or public location.	Make art out of recyclable materials and display at home or in your office.	Participate in a community Earth Day celebration, 5K, or recycling event.	Observe nature. Sketch plants and animals and identify birds and insects.	Plant a tree, a flower bed, or a vegetable and herb garden.
Walk or ride a bike more and drive less! Rideshare to work or school.	Mow lawns or rake leaves for family, friends, or neighbors and dispose of them in green recycle bins.	Host a yard sale and donate some of the profits to a local or national environmental cause.	Donate non-perishable items to a local Food Bank.	Donate blood through Red Cross.
Bake Earth Day inspired cookies to share with family or friends.	Prepare a plant-based meal.	Shop at a local farmer's market.	Volunteer at school, church, hospital, elderly home, or animal rescue.	Use reusable shopping bags for groceries.
Save energy! Turn off lights, TVs, computers, and appliances when not in use.	Purchase items made from recycled materials.	Start a composting bin from food scraps. You can find instructions online.	Donate toys to a children's hospital, a local church, or the Boys & Girls Club.	Conserve water! Wash only full loads of clothes and dishes.
Learn five Earth Day facts to share with family and friends.	Visit the zoo or wild animal park. Learn about and take pictures of your favorite animals.	Purchase eco-friendly, non-toxic household and cleaning supplies.	Reduce, Reuse, and Recycle clothes, household trash, batteries, appliances, etc.	Eat ice cream in a cone! You'll save a paper or plastic cup!